



Debbie Cotton



Wendy Friston



Deepa Apte



Ravi Ratan



Paul Vick

Taster Workshops Monday 16 October 2006

Places on workshops are limited to just 30 people per session. They're a great way to find out about new therapies and gain hands-on experience. **Don't miss out - book early!**

Zone	Time	Workshop	Presenter	Cost/Ref
10	10.30-12.00	intuits - Using the medicine of energy to help you to help your clients	Barbara Olive	W25 £15+VAT
	12.25-13.25	The Uses of Iris Analysis in Complementary Health Practice	Debbie Cotton	W26 £15+VAT
	13.50-15.20	Building your Practice with Chair Massage	Michael Zimmerman	W27 £15+VAT
	15.45-16.45	Relax your way to a Fitter Body	Wendy Friston	W28 £15+VAT
11	10.30-12.00	Myofascial Release Therapy UK and Ireland	Ruth Duncan	W29 £15+VAT
	12.25-13.25	The London School of Reflexology's introduction to Practical Reflexology	Louise Keet	W30 £15+VAT
	13.50-15.20	Introduction to Tui Na - the ancient art of Chinese Massage	Andrew Croysdale	W31 £15+VAT
	15.45-16.45	Effective Stretching	Jane Johnson	W32 £15+VAT
12	10.30-12.00	Thai Yoga Massage	Dympna O'Brien	W33 £15+VAT
	12.25-13.25	The Essential Oil Cocktail - Shaken not Stirred	Ian Smith	W34 £15+VAT
	13.50-15.20	Ayurveda for Head and Face	Deepa Apte	W35 £15+VAT
	15.45-16.45	Live Blood Microscopy	Caroline Barrow	W36 £15+VAT
13	10.30-12.00	Holistic Stress Management	Ravi Ratan	W37 £15+VAT
	12.25-13.25	Neuroskeletal Re-Alignment Therapy - Revolutionising the treatment of back pain	Carole Preen	W38 £15+VAT
	13.50-15.20	Increase your Profits with IPM - Feeling is Believing!	Jennifer Longmore	W39 £15+VAT
	15.45-16.45	Foot Reading!	Jane Sheehan	W40 £15+VAT
14	10.30-12.00	Listening to the Inner Healer - The Biodynamic approach to Craniosacral Therapy	Paul Vick	W41 £15+VAT
	12.25-13.25	Hot Stone Fusion: the true therapy	Meghan Mari	W42 £15+VAT
	13.50-15.20	Advanced Massage for RSI's including Carpal Tunnel Syndrome	Rachel Fairweather	W43 £15+VAT
	15.45-16.45	The importance of Myofascial Release in treating pain	Meghan Mari	W44 £15+VAT
15	10.30-12.00	Understanding the Bowen Technique	John Wilks	W45 £15+VAT
	12.25-13.25	Allergy tap your way to wellness	Amanda Brooks	W46 £15+VAT
	13.50-15.20	An Introduction to the Trager Approach	Chris Halliday	W47 £15+VAT
	15.45-16.45	Bi-Aura Energy Therapy an advanced system of Bio-Energy Therapy	Dan Kahn	W48 £15+VAT